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<b>Module Code:</b>	HLT710
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<b>Module Title:</b>	Research methods for health, mental health and wellbeing
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<b>Level:</b>	7	<b>Credit Value:</b>	20
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<b>Cost Centre(s):</b>	GAHW	<b>HECoS code:</b>	100653
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<b>Faculty</b>	SLS	<b>Module Leader:</b>	Dr Sharon Wheeler
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Scheduled learning and teaching hours	20 hrs
Placement tutor support	0 hrs
Supervised learning eg practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total contact hours</b>	<b>20 hrs</b>
Placement / work based learning	0 hrs
Guided independent study	180 hrs
<b>Module duration (total hours)</b>	<b>200 hrs</b>

<b>Programme(s) in which to be offered (not including exit awards)</b>	Core	Option
MSc Health, Mental Health and Wellbeing	<input checked="" type="checkbox"/>	<input type="checkbox"/>

<b>Pre-requisites</b>
None.

<b>Office use only</b>	
Initial approval: 20/05/2020	Version no: 1
With effect from: 28/09/2020	
Date and details of revision:	Version no:

## Module Aims

The nature of public health, mental health and wellbeing – namely that it deals with the complex issue of people's lives and health and often involves people in a vulnerable state – presents particular challenges for researchers in terms of research ethics, designs and methods. This module will provide students with knowledge and understanding of how to undertake research related to public health, mental health and wellbeing, including how to collect and analyse data and design ethically sound research studies. It will support students to be creative and innovative in relation to research methodology in order to be responsive to the nature of the subject area and matter.

## Module Learning Outcomes - at the end of this module, students will be able to

1	Critically identify and discuss an area for research related to public health, mental health and wellbeing, offering a clear rationale and suitable research questions
2	Create a proposal for a research study responsive to the nature of the subject area and matter
3	Justify the selection of the methodology for the study, demonstrating critical awareness of the strengths and weaknesses
4	Demonstrate critical awareness of the research ethics related to the proposed study

<b>Employability Skills The Wrexham Glyndŵr Graduate</b>	<b>I = included in module content A = included in module assessment N/A = not applicable</b>
<b>CORE ATTRIBUTES</b>	
Engaged	I
Creative	IA
Enterprising	I
Ethical	I
<b>KEY ATTITUDES</b>	
Commitment	I
Curiosity	I
Resilient	I
Confidence	I
Adaptability	I
<b>PRACTICAL SKILLSETS</b>	
Digital fluency	IA
Organisation	IA
Leadership and team working	I

<b>Employability Skills The Wrexham Glyndŵr Graduate</b>	<b>I = included in module content A = included in module assessment N/A = not applicable</b>
Critical thinking	IA
Emotional intelligence	I
Communication	IA

<b>Derogations</b>
None.

<b>Assessment:</b>			
Indicative Assessment Tasks:			
<p>Students will be required to produce a 5,000-word research proposal involving the collection of either primary or secondary data. The research proposed should be ethically sound and address a clear need.</p>			
Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1 to 4	Research Proposal	100%

<b>Learning and Teaching Strategies:</b>
<p>Core aspects of the module will be delivered on a weekly basis in a classroom setting (approx. 20 hours in total), which will be captured via lecture capture software such as Panopto. The software will capture the visual and audio aspects of the sessions and the recordings will be made available on the Virtual Learning Environment (VLE) to all students, alongside directed study. Students will be able to self-select which sessions they will attend face-to-face and which they will access by viewing online. It will be encouraged, but not required, that students attend a minimum of 5 scheduled learning and teaching hours relevant to the module, although they can study entirely online should they choose to.</p> <p>Learning and teaching activities in the classroom and VLE will include lectures, discussions, case studies, simulations, problem-based learning, workbooks, key readings and reflective activities.</p>

<b>Syllabus outline:</b>
The content will be updated regularly to reflect the evolving nature of the public health, mental health and wellbeing landscape, however, indicative content is as follows:

### Syllabus outline:

- Ontology and epistemology
- Quantitative, qualitative and mixed-methods research
- Research ethics
- Research questions
- Research designs
- Research method
- Sampling
- Data analysis
- The research process

### Indicative Bibliography:

#### Essential reading

Booth, A., Sutton, A. and Papaioannou, D. (2016), *Systematic Approaches to a Successful Literature Review*. London: Sage.

Bowling, A. (2014), *Research Methods in Health: Investigating Health and Health Services*. Berkshire: Open University Press.

Bryman, A. (2016), *Social Research Methods*. 5th edition. Oxford: Oxford University Press.

McClean, S., Bray, I., Viggiani, N., Bird, E. and Pilkington, E. (2019), *Research Methods for Public Health*. London: Sage.

#### Other indicative reading

Bergin, T. (2018), *An Introduction to Data Analysis: Quantitative, Qualitative and Mixed Methods*. London: Sage.

Bruce, N., Pope, D. and Stanistreet, D. (2018), *Quantitative Methods for Health Research: A Practical Interactive Guide to Epidemiology and Statistics*. 2<sup>nd</sup> ed. West Sussex: John Wiley and Sons Ltd.

Creswell, J. and Creswell, D. (2018), *Research Design: Qualitative, Quantitative, and Mixed Methods*. London: Sage.

Davies, M. and Hughes, N. (2014), *Doing a Successful Research Project: Using Qualitative or Quantitative Methods*. London: Red Globe Press.

Green, J. and Thorogood, N. (2018), *Qualitative Methods for Health Research*. London: Sage.

Greenhalgh, T. (2019), *How to Read a Paper: The Basics of Evidence-based Medicine and*

### **Indicative Bibliography:**

*Healthcare*. Chichester: John Wiley and Sons Ltd.

Pope, C. and Mays, N. (2020), *Qualitative Research in Health Care*. West Sussex: John Wiley and Sons Ltd.

Ritchie, J., Lewis, J., Nicholls, C. and Ormston, R. eds. (2014), *Qualitative Research Practice: A Guide for Social Science Students and Researchers*. 3<sup>rd</sup> ed. London: Sage.

Robson, C. and McCartan, K. (2016), *Real World Research*. 4<sup>th</sup> ed. West Sussex: John Wiley and Sons Ltd.

Walliman, N. (2016), *Social Research Methods: The Essentials*. 2<sup>nd</sup> ed. London: Sage.

### **Key Journals:**

Community Mental Health Journal  
Critical Public Health  
European Journal of Public Health  
Health & Social Care in the Community  
Health Education & Behavior  
Health Education Journal  
Health Promotion International  
Health Promotion Practice  
International Journal of Public Health  
International Journal of Qualitative Studies on Health and Well-being  
Journal of Community Health  
Journal of Health and Social Behavior  
Journal of Public Health  
Journal of Public Health Management & Practice  
Journal of Public Health Policy  
Mental Health & Prevention  
The Lancet  
The Lancet Child & Adolescent Health  
The Lancet Global Health  
The Lancet Public Health  
Public Mental Health  
Society and Mental Health